

DIR 101: An Introduction to DIR® & DIRFloortime®

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**Courses Available
Live Online &
Around the World**

DISCOUNT

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DIR 101 courses in 2022

Who Should Attend?

Occupational Therapists

SLPs

Psychologists

Counselors

Social Workers

Teachers

Early Intervention Specialists

**Infant & Early Childhood
Specialists**

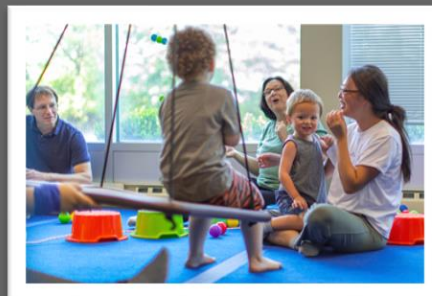
Child Care Specialists



DIRFloortime® is a Respectful and Powerful Evidence-based Approach

This is an introductory course that presents the DIR theoretical framework and practice of DIRFloortime. DIRFloortime promotes functional emotional development, supports overall mental health, and develops the foundation necessary for learning.

DIRFloortime is an evidence-based approach that has been shown to be particularly effective supporting children on the autism spectrum with self-regulation, relating, interacting, and communicating while decreasing caregiver stress and improving parent-child relationships.



*All children have within them
the potential to be great kids.
It's our job to create a great world
where this potential can flourish.*

- Stanley Greenspan, MD

The [International Council on Development and Learning](http://www.icdl.com) is the
Home of DIR® and DIRFloortime®

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DIRFloortime® Professional Certificate Program

ICDL has developed a comprehensive DIR® training program that leads to progressively advancing certificates in DIRFloortime®. There are three groups of trainings offered. 1) The DIR 101 introductory training, 2) The DIRFloortime Professional Certificate trainings, and 3) DIR short courses that are designed to enhance and expand knowledge and skills in particular areas.

The DIR 101 course is the introduction to the DIR and DIRFloortime that consists of a minimum of 12 hours of training. ICDL offers both live online DIR 101 course and onsite courses throughout the world. A list of available trainings can be found on our course offerings page. The DIR 101 course is a prerequisite to attend the DIR 201 course. ICDL can also arrange for a DIR 101 course for your organization or your community.

The DIR 201 – DIR 204 courses are the core of the progressively advancing **DIRFloortime® Professional Certificate** program. The courses are typically designed with weekly interactions, utilizing the concepts of ongoing, applied learning. The convenient and accessible ICDL online courses use our virtual classrooms that allow for live presentations and video discussions. These courses are typically offered as 14-week semester courses, with weekly 2-hour sessions. Participants will have access, for each course, to recorded video lectures and readings on our online learning platform. The community-based live trainings utilize the same curriculum, however the scheduling and exact session lengths may vary depending on the needs of the community and training leader. Furthermore, ICDL also has the ability to create these trainings as “hybrid” online and live session trainings to bring together both the convenience of online training with the real face-to-face experience of an in-person training.

To learn more, please go to www.icdl.com.