

Stroke Group Network Conference

Monday 10 – Tuesday 11 October 2022
Online event



Final programme

Stroke support groups – making an impact and rebuilding lives!

Main talks

Day one - Monday 10 October 2022

Learning more about the Stroke Association, the healthcare system and what it means to your group

10:30 - 10:40 am

Welcome

Beth Scrimshaw – Group Network Manager, Stroke Association

10:40 - 11:40 am

Talk one: Reflecting and looking forward together

Our Chief Executive Juliet Bouverie will share reflections and achievements from across the charity from the last 12 months. Followed by a joint conversation with Stephen King, Chair of Trustees and group volunteer David Jones from Grampian Stroke Club about their hopes for the future.

Speakers:

- Juliet Bouverie - Chief Executive, Stroke Association
- Stephen King - Chair of Trustees, Stroke Association
- David Jones - Grampian Stroke Club Volunteer and Stroke Voices Member

11:40 am – 12:10 pm

Comfort break

Optional breakout room to reflect, connect and chat with other attendees

Or visit the online exhibition area and group exchange

12:10 – 1:00pm	Lunch
1:00 - 2:15 pm	<p>Talk two: The stroke care pathway – what it is and what it means for your stroke support group, now and in the future</p> <p>Hear an overview about the stroke care pathway in England. The session will explore Integrated Stroke Delivery Networks - how they play an important role in influencing stroke care and where peer support fits.</p> <p>Speakers:</p> <ul style="list-style-type: none"> • Jen Gardner - Associate Director, North West, Stroke Association • Sharon Walkden - Clinical Network Programme Manager, Lancashire • Les Redfern - Carer, Group Member and Carer Representative
2:15 – 2:45 pm	<p>Optional breakout room to reflect, connect and chat with other attendees</p> <p>Or visit the online exhibition area and group exchange</p>
2:45 pm	Finish

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Day two – Tuesday 11 October 2022

Giving you the tools to run your group

9:45 – 10.00 am	Welcome Beth Scrimshaw – Group Network Manager, Stroke Association
10.00 - 11:00 am	Talk three: Recruitment and retaining volunteers A chance to pick up top tips in recruiting and retaining volunteers and supporting them through their journey as a valued member of your group. Speakers <ul style="list-style-type: none">• Shazia Nazir – Engagement Coordinator, Self Help UK• Danielle Williams - People Practices Team, Stroke Association• Anya Pratt – Engagement Officer East of England, Stroke Association• Stuart Church - Chesterfield Stroke Group Volunteer• Judy King - Newbury Speakability Group Volunteer
11:00 – 11:15am	Comfort break Or visit the online exhibition area and group exchange

11:15 am - 12:15 pm	<p>Talk four: The importance of peer support and how support groups help rebuild lives after stroke</p> <p>Researchers from Exeter University Medical School will share findings from a recent study with stroke support groups. The study looked at why groups benefits stroke survivors. And Dawn Travill compliments the research by sharing top tips on how to make sure groups deliver what members want.</p> <p>Speakers</p> <ul style="list-style-type: none"> • Mark Tarrant - Psychologist, Exeter University • Raff Calitri - Psychologist, Exeter University • Dawn Travill – Brewin’s Stroke Group and Occupational Therapist
12:15 – 1:15pm	Lunch
1:15 - 2:30 pm	<p>Talk five: Celebrating our Stroke Group Network and showcasing our tools and resources available to you</p> <p>Come along and here the amazing achievements of the network over the last year. We’ll celebrate the many and varied activities groups do to support members. And you’ll get the chance to learn more about all the resources that are available to run your groups.</p> <p>Speakers</p> <ul style="list-style-type: none"> • Beth Scrimshaw - Group Networks Manager, Stroke Association • Sophia Costa – Group Network Officer, Stroke Association • Julia O’Brien – Group Network Officer, Stroke Association • Cuckfield Communication Group and Madeline Castrey - Resonate • Susan Schofield - Fun4stroke Stroke Support Group • Annie Burton - Andover Stroke Survivors and Friends Group • Anne Bartle – Parkland Stroke Support Club
2:30 – 3:00 pm	<p>Optional breakout room to reflect, connect and chat with other attendees</p> <p>Or visit the online exhibition area and group exchange</p>
3:00 pm	Finish

N/B due to timings on day 2 there is no breakout room after talks three and four.