



Pulling Together for Youth Social Action Lesson Plan

Timing: 40 – 60 minutes

Key Themes: Change, difference, purpose, goals, impact, ideas, ideation

Materials: Activity handout (to be printed in advance), flipchart or post-it notes, pens, pencils, markers

Overview: Generating ideas to help other people.

Learners will become:

- Aware that they can make a difference.
- Informed by how others have dreamed big.
- Inspired by the impact they can have.

Lesson components

1. Introduction	<ul style="list-style-type: none">• Definition of community• Group question• Lesson outcomes	5 mins
2. Social Learning	<ul style="list-style-type: none">• Discuss key themes	15 – 25 mins
3. Activity	<ul style="list-style-type: none">• Young people work through #iwill movement handout, reflecting on how they can make change in their local community	15 – 25 mins
4. Reflection	<ul style="list-style-type: none">• Review key points• Determine next steps	5 mins

Introduction



Cover slide

QUESTION

What do you think of when we say the word 'community'?



Discovering your community

- Ask group "What do you think of when we say the word 'community'?" Write down answers on a flip chart or post-it notes and feedback to the group.
- Read out the sentence below (or another that you are happy with) so that the group have a basic understanding of community as a term.
- *Community – the people living in one particular area or people who are considered as a unit because of their common interests, social group, or nationality.*
- Tell the group that you want them to think more locally and specifically about the place they reside. Working individually or in small groups, list as many things they love about their community and why? Write down comments on a flipchart or post-it notes.

QUESTION

What do you think a good community looks like?



Question

- Read the question to the students – *What do you think a good community looks like?*
- Give them about 30 seconds to silently consider the question.
- Select a few young people to explain their thoughts.

YOU WILL BECOME:

Aware

Aware that you can make a difference

Informed

Informed by how others have dreamed big

Inspired

Inspired by the impact you can have



You will become

- Share the learning outcomes with the young people.

Social Learning



Introduction: Jasmin

- Share Jasmin's introduction – use the below if needed.
- 'Jasmin is a young mum who fights for 'Social Housing not Social Cleansing' as part of the Focus E15 campaign. Jasmine is a passionate activist who wants to keep her community strong and equal.'



Video: Jasmin Stone

- Play Jasmin's film (click on the slide to play video).



Reflection

- Share the question which reflects on Jasmin's film.
- Highlight key themes to help young people answer the question.
- Ask young people to share their thoughts.



Discuss key themes

- Recap key learning.
- Depending on time, either ask young people to discuss with the person next to them or share their ideas with the group.

Activity

ACTIVITY



The #iwill movement is building a society that understands and champions the power of youth, where all young people are equipped and enabled to shape and lead change- in their own lives and communities.

As part of #iwill Week, we asked ambassadors what it means to be 'a movement', and why they think we need a movement of young people.



#iwill Movement introduction

- Explain that young people are going to put what they've learnt into practice
- Young people are going to support the #iwill movement to impact change in local communities



Video #iwill Movement

- Play #iwill movement film (click on the slide to play video).

WHAT DO YOU CARE ABOUT?



Environment



Equal rights



Health and wellbeing



Education



Homelessness



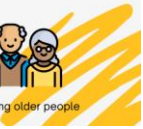
Loneliness and isolation



Poverty



Helping older people



What do you care about?

- Use the visual to take young people through these issues.
- Emphasise that there is a lot to learn about these issues – this is a brief introduction and the point is to ask ourselves questions and think about how we can help – we don't need to have all the answer in this session.

YOUR TASK

- You are going to identify a topic you care about and think about what actions you can take to make a difference.
- Individually, complete the #iwill handout
- You don't need to know everything right now – what's important is thinking about what matters to you and seeing that it is possible for you to make a difference.
- You can continue to learn about these challenges and how to help after this session, through the #iwill movement.



Your Task

- Distribute the handout to each young person.
- Explain the task.
- Share the following slide with young people, which can help them think through their activity sheet.



High quality social action

- Share the visual with students, which was developed to support the #iwill movement.
- This visual can help guide their thinking as they do the task.
- Leave this slide up while young people work on their activity sheet.
- Allow time for young people to create their individual solution.
- Pause young people part-way through to check they're on track and referring to key learning.

#IWILL TOGETHER

- Now discuss your activity sheet in a group
- What other information do you need?
- How will you learn more from people directly affected?
- How will you learn from experts, research, and examples of what has and hasn't worked in the past?
- How have you used the principles of high-quality social action?

Learn more and act with the #iwill movement – www.iwill.org.uk

#iwill Movement

- Organise young people in groups
- Allow them time to work through the questions on the slide
- If time, select young people to share their thoughts with the class
- Support young people to connect their activity sheets to the key learning

Reflection

REFLECTION

- What will be your first #iwill action?
- Why should we inspire and/or be inspired to change our communities?

Reflection

- Ask young people to remember the key takeaways.
- Ask them to write down their answers.
- Ask a few young people to share their answers.
- Ensure they all refer to the key takeaways.



Pulling Together for Youth Social Action Activity Sheet

1. **Jot down at least five challenges that you or someone you know has faced** (e.g., a friend being bullied, not having money for lunch, illness, or losing friends).

2. **Thinking about these challenges, circle one broader issue that speaks to you**

Homelessness

Helping older people

Environment

Loneliness and isolation

Equal rights

Poverty

Health and wellbeing

Other

Education

3. **Who do you think has the power to make a difference to this issue?**

4. **What can you do to start influencing change for this issue?** Use the 'High Quality Social Action' guide to help you

5. What can you do (alone and/or with others) to make an improvement to this issue? (E.g.: learn more, raise awareness, fundraise, start initiatives)

a) This week?

b) Over the next year?

➔ Learn more at www.iwill.org.uk

➔ Sign up to become an #iwill Champion at www.iwill.org.uk/join-iwill/become-an-iwill-champion