

Welcome aboard Project Wingman

Head to Toe

A touring well-being bus where NHS staff can take a well deserved break.



Staff were invited to sit back, relax and enjoy the extra legroom, on board Project Wingman.



Destination: Luxury!

In March, Head to Toe funded the Project Wingman Wellbeing Bus – to give CPFT staff an opportunity to have a ‘luxury’ break on board to support their wellbeing, as a part of their working day. Across two weeks and two Trust locations, there were over 450 visits to the wellbeing bus, with feedback including:

‘I think the whole idea is incredible. Coming to work in the current climate with excess pressures can have you feeling so deflated. It was a lovely surprise to turn up this morning and see the big blue bus outside the office. The two guys we spoke to were so lovely and helpful, offering us cakes, making us a cuppa and encouraging us to put our feet up. Absolutely priceless! Thank you so much!’