
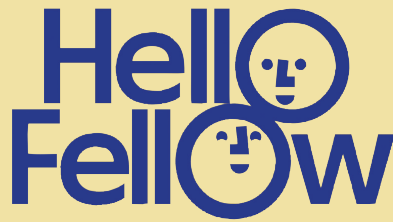


Hello
Fellow

GET THE
SMILE
FACTOR



We are The Civil Service
Retirement Fellowship



Hello Fellow

Hello, we're the Civil Service Retirement Fellowship.

We help bring community and companionship to all
civil servants in retirement.

From running befriending schemes and local meetups, to giving
practical advice that keeps people safe and well, we are here for
everyone in the civil service family.

But we need your support.

Donating to our charity will help us provide more life-changing
support and resources, so that more retired civil servants feel
connected and cared for – when they need it most.
Getting a phone call, or receiving a letter, can mean the world to a
retired civil servant struggling with loneliness and isolation. Being
a CSRF befriender can also be incredibly rewarding for you.
(Some of our members are in their nineties and have some
amazing stories to tell.)

Today, many civil service jobs are no longer for life. But with your help,
our community can be.

Please support us today.



Hello Louise

Louise and Olive: friends for life



Here at the Civil Service Retirement Fellowship (CSRF), we put friendship first. Just ask Louise and Olive. Today, after many years of sharing calls and greeting cards, postcards and gifts, volunteer befriender Louise and retired civil servant Olive aren't only friends – they're more like family.

How did you get involved with the CSRF?

We have an initiative at the DWP called 'Community 10,000' where you have so many days a year to volunteer. It's lovely that we're so encouraged to help people in the community. I found out about the CSRF on there, and when the opportunity came up to talk to someone, I thought 'well, they're one of us'. It's sort of like when you're in the forces, you want to help older civil servants.

Why did you decide to volunteer?

I don't know really. My kids were a bit older, I wanted to do something that's not too taxing. I just thought being friendly isn't work, is it? It's not staring at a computer, it's not hard. So I thought I'd give it a go.

How long have you been matched with Olive?

I think it's been seven years now. I ring Olive on Sundays, or whenever suits us that week. I've also met her twice in London – we organised that off our own backs!

Why should civil servants support the CSRF charity?

I'd say to anyone reading this, it's not just for the retired people, but for you too. It's for the feel-good factor – the smile factor.



Hello Jane

Jane's activity group



As well as running befriending services, the CSRF brings retired civil servants together through local activity groups across the UK. To understand more about the importance of these get-togethers, just ask Jane, one of our local group leaders.

What brought you to the civil service?

I grew up in a household of civil servants. My dad was in the Ministry of Defence during war times and my mother did the exams in later life. But still, it was a surprise that I ended up a civil servant myself.

How did you find out about the CSRF?

I applied before I retired and joined the local group a couple of months after I left. I got co-opted onto the committee, and after a number of years became chair of my local activity group.

What do you value most about the CSRF?

The support. I can remember when my father died I had really nice people getting in touch with me. So that's why for me it brings me a little smile that I ended up a civil servant, and now a chair for the CSRF. There's a huge feeling of camaraderie. Everyone's there to support each other, and the charity supports our little group of friends too.

Why should current civil servants support the CSRF?

I would say supporting the charity is supporting your own future. It's a national fellowship that we all belong to.



Hello Fellow

How you can help

You can scan the QR Codes below to get directly to the pages that will help on the CSRF website.







The CSRF website includes lots of useful information about our charitable services, partner organisations, advice and guidance on how to make the most of your retirement.

Sign up as a Fellowship Friend for just £12 a year:




OR you can make a General donation to help our work:





"Whether you've worked in the Civil Service for two months or 20 years, you're always a part of the Civil Service Retirement Fellowship."

Jane, Local Group Network Volunteer



"It's so important for retired civil servants to feel connected. The CSRF makes it all happen, and it's a wonderful thing. If everyone did a little bit, it would make a big difference."

Alex, Volunteer Befriender

Find out more about us:
csrf.org.uk

Call our Freephone Advice Line:
0800 160 1075

Or email:
enquiries@csrf.org.uk



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