

Looking after someone?

Access
FREE online
resources
for carers

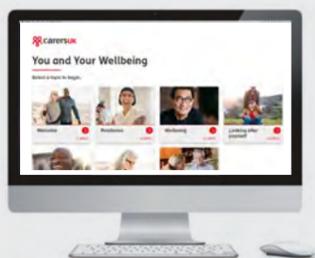


Caring for a loved one who is ill, disabled or older can be valuable and rewarding, but without the right support caring can have an impact on your health, your job, your finances and your social life.

Our digital products and online resources are available to carers and include:

E-Learning & Videos

Practical learning and guidance for carers



Jointly

Care co-ordination app



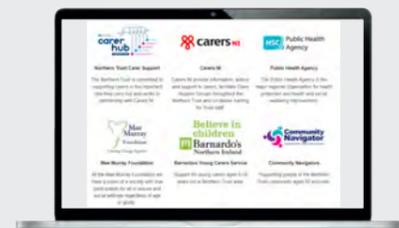
Free publications

Guides and information from Carers UK



More support

Helpful resources, tools, and links to local services

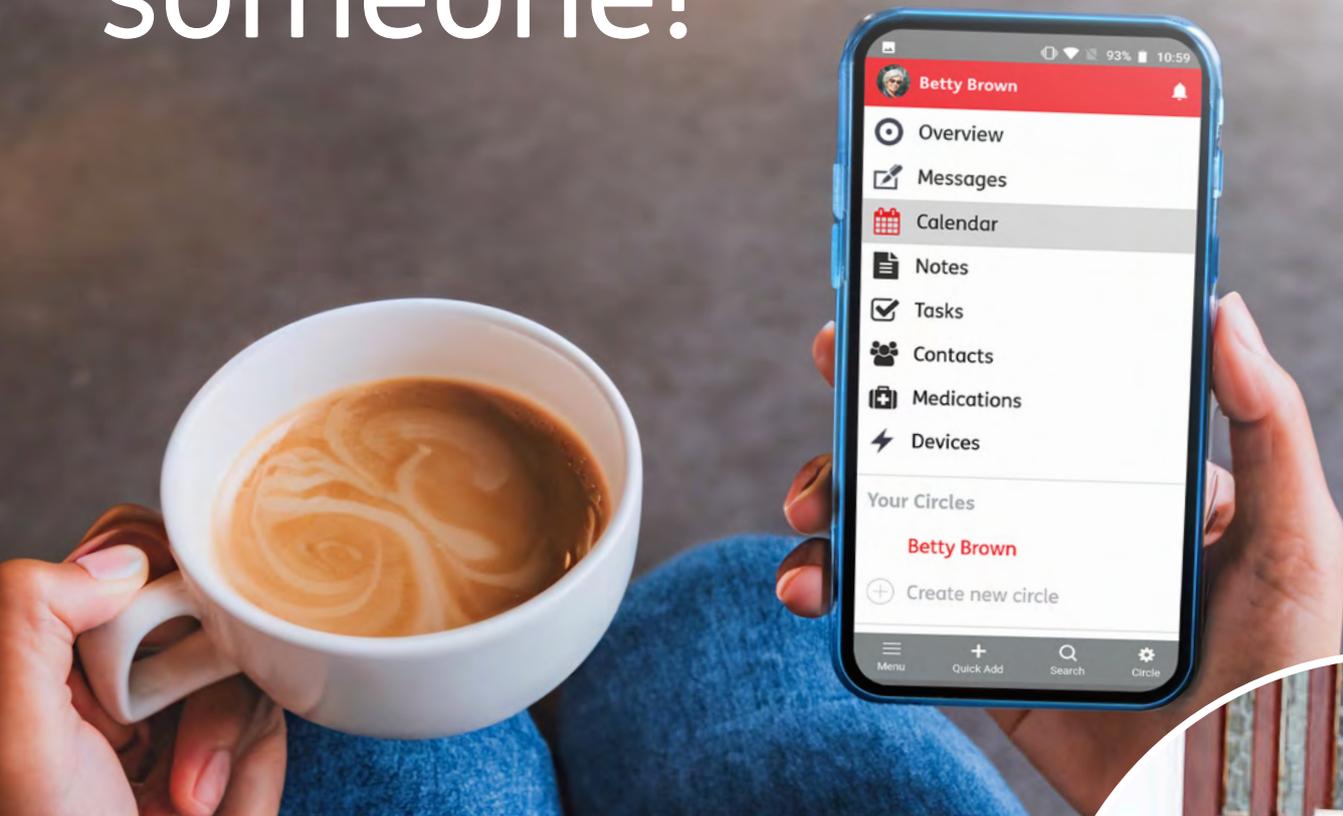


Visit carersdigital.org and use code **CFCS** to create a free account and access online resources.



Looking after someone?

jointly
by carersUK



Jointly makes caring for someone a little easier, less stressful and a lot more organised by making communication and coordination simpler between those who are sharing the care.

Charity for Civil Servants has teamed up with Carers UK to offer carers free access to Jointly.

To use Jointly for free, you must first create an account and redeem the access code.



Use access code **CFCS** to create a free circle

Visit jointlyapp.com or download the app to sign up and create your Jointly Circle.



**CHARITY
FOR CIVIL
SERVANTS**